



Mitose's International Koshu Ryu Kenpo Association
M.I.K.K.A.



Koshu Ryu Kenpo Newsletter
2009

January - 2009

Happy New Year to all of our M.I.K.K.A. Members!!

We hope that everyone finished "2008" with a Wonderful Christmas and started "2009" with a Great New Years!!

Starting out the New Year with a Brand New Baby Boy! Our Congratulations go out to New Dad Yondan Timothy Bowles and his beautiful wife and New Mother Mari Chris!! **Congratulations** also to New Grandfather Shichidan Tony Bowles and his lovely wife and New Grandmother Linda !! The new little guy was born on January 29,2009 at 3:00pm and he weighed 6.9 oz. !!

"Soke" will be visiting Chile in July of 2009 as a guest of Raul Guiterrez. They will be visiting the New Koshu-Ryu and Fu Shih Temple as well as attending a Seminar. All South American Representatives are encouraged to attend!

Also on the **Events schedule for "2009"** is a World Koshu-Ryu Seminar and Championship scheduled to take place in Argentina in late summer, hosted by Shihan Sergio Garcia. This event has not yet been confirmed. Once this event is confirmed we are encouraging all Koshu-Ryu-Kenpo practitioners to make plans to attend. Make this your Summer Vacation!!

We would like to Congratulate JASON CORTEZ for his Fantastic Win and Spectacular Performance at the 2008 NBL Super Grand Nationals in Sacramento, Ca. Please go to www.youtube.com/watch?v=vTJy0xzP5VE to watch Jason in action! He was Awesome!!

On February 7th, 2009 The Bill Tolentino Group will be hosting a Luncheon for "Soke" a time to get together and socialize with Soke.

We would like to send our Best Wishes to Ron Pierce, who suffered a Heart Attack, for a quick and speedy recovery. Our Prayers are with you.

"What is True Self Defense?"

After much anticipation James Mitose's book "What Is True Self Defense?" is finally on its way to the printers! It is not every day a book like this comes along! A quarter of a Century to be exact! The original idea came up many years ago as a means to allow students a chance to purchase an affordable true copy of James Mitose's work for all to enjoy.

Click Here to find out more...

The Book "What Is True Self-Defense?" By James Mitose is now available. Many of you have been on the wait list. It is now available to reserve. This is a Limited Edition! The first 50 copies will come with an Authenticity Card and signed by "Soke "

Sincere Thanks

An original manuscript was sent to Ken Relf in Canada where it was used as a guide for the remake. Every word James Mitose wrote was painstakingly reproduced and re-arranged to create a better flow. The original hand drawn pictures have been placed into the book to keep with the original flavor.

The Mitose Family would like to extend to " Our Representative of Canada " Ken Relf, for all of his hard work on this project and Dedication to Mitose's International Kosho-Ryu Kenpo Association Special Recognition and Sincere Thanks! For without his time and talent this would not be possible!

We are presently planning a Spring (May) Kosho-Ryu Workshop! Instructors if there are certain weekends in this month that you will not be able to attend please let me know so that I can set the date accordingly.

A Special Acknowledgement to Master Gerardo Maldonado of Chile for his support and Loyalty to MIKKA! For his tireless efforts as representative of his region in Chile. For completing his 3 year MIKKA Memberships and multiple book orders. I Thank-You for diligence.

M.I.K.K.A. Members check the status of your MIKKA Memberships. Please go to the website for New Membership Information. **www.kosho-ryu.com**

If you have any news that you would like to share with your MIKKA Family and would like for me to post it to The Newsletter email it to me at: **Mitosekoshoryu@aol.com** and I will be sure to include it in next months Newsletter.

Last but not least! The Mitose Family would like to Thank each and everyone of the MIKKA Members for their continued support of MIKKA ! To wish you all A Happy and Prosperous New Year and Gods Blessings!

**Mitose's International Kosho Ryu Kenpo Association
M.I.K.K.A.**

**Kosho Ryu Kenpo Newsletter
October - 2009**

Warm Greetings to all of our MIKKA Members and Supporters!

The Mitose family would like to extend their sincere thanks to all of you that have made Mitose's International Kosho-Ryu Kenpo Association an important part of your lives! We appreciate the dedication and support that we have received from all of our representatives and their groups from all around the world!

This year has been a busy and productive year for MIKKA.

Soke and Hanshi Mark traveled to Chile in the month of June to attend Seminars hosted by Master Gerardo Maldonado in Punta Arenas and Santiago, Chile. A Great time was enjoyed by all. Master Gerardo Maldonado, his family and Group went to great extremes in making sure that Soke and Hanshi Mark were well accommodated. Only words of praise and positive statements are to be heard from The Mitose's when referring to the Master Maldonado Group! The Mitose family would like to acknowledge that Master Maldonado has received The Official MIKKA School Certificate. Certifying that they are Official Representatives of Kosho-Ryu representing MIKKA and have completed their requirements. We thank the Maldonado Group for their continued support and loyalty to MIKKA!

A Few words from Master Gerardo Maldonado: The Chile Kosho Ryu Kenpo Team, made up of students from Punta Arenas and Santiago, and led by Master Gerardo Maldonado, had an outstanding participation in the Kenpo World Cup 2009, held in Buenos Aires, Argentina. The students also had the chance to share an unforgettable time with Soke, Hanshi and Master Ken Torres. Master Maldonado had the great honor to receive the Official MIKKA School Certification from Soke's hand, which is a great motivation to continue working for the advancement of Kosho Ryu Kenpo in Chile, By the end of October, kyu rank exams will be conducted for students from Santiago, Puerto Montt, Villarica, the industrial compound Posesion and Punta Arenas with the attendance of their instructors. Then, an activity calendar will be prepared to schedule Soke's next visit to Chile with Hanshi and Kyoshi Debbie. This activity will be called "Kosho Ryu Kenpo Gathering at the End of the World".

Once more, we remind our instructors and students in Chile who had not gotten his MIKKA membership, to get it as soon as possible and mail his or her information to **gerakenpo@hotmail.com**. The Kosho Ryu Kenpo Chile web-page will be ready in no time.

Master Gerardo Maldonado

In July Soke returned to Chile to attend a Seminar with Kudan Raul Gutierrez. This Seminar was hosted by Marcelo Cassano. Soke enjoyed his time there with Kudan Gutierrez very much! He sends special thanks to Marcelo Cassano and his family for

their wonderful hospitality. Soke sends his Thanks to Kudan Gutierrez and Marcelo Cassano for their support and dedication to MIKKA!

In Buenas Aires, Argentina on September 5th and 6th The Kosho-Ryu World Cup 2009 was held. This event was hosted by Our Argentina Representative Shihan Sergio Garcia. This event drew participants from all over the world!

Soke, Hanshi Mark and Godan Ken Torres were in attendance to witness over 700 competitors in support of Kosho-Ryu ! The seminar taught by Hanshi Mark and Godan Ken was attended by close to 140 participants! Soke has said that this event was one of "The Best " events that he has attended. Very well run and orchestrated. The Judging of the competitors proved to be very fair, with no politics involved. Soke, Hanshi Mark and Godan Ken were very impressed! All three gave Shihan Sergio Garcia high praises for a job well done!! Our Special Thanks and Recognition to Shihan Sergio Garcia for all of his hard work, dedication, support and loyalty to making this event a reality! The Mitose family would also like to acknowledge that Shihan Sergio Garcia has received his School Certificate. This certifies that his school is an Official Kosho-Ryu School representing MIKKA and has met all of its requirements. Congratulations! We would also like to Thank all of the representatives that took the time to be present and show their support of MIKKA!

This Year marked the launch of The Book "What is True Self-Defense?" By: James M. Mitose

It was articulately rewritten by our own Representative of Canada Ken Relf! An exquisite work of Art, a must have for every Mitose Kosho-Ryu practitioner and collector. Ken Relf has also written an article that has been published in Black Belt magazine "The Life and Times of James M. Mitose " available this month. This article is superbly written and should be read and owned by every MIKKA representative and member. The proceeds from this article have been divided and donated to 2 charities for women shelters.

Please visit Ken's web page for the latest on Kosho-Ryu activity! It is the Official Kosho-Ryu of Canada but its bounty of information is overflowing for every one! To view Kens page visit **Kenpoken.webs.com**. Ken is asking that anyone with video footage of the Mitose family to please contact him through his web site.

We would like to congratulate Ken on recently obtaining his Engineering degree, with another one to follow!

Does this man ever rest?

The Mitose family sincerely Thanks Ken for his undying support, dedication and loyalty to the Mitose Family and MIKKA!

To order your copy of "What is True Self-Defense?" please visit the web site @ **Kosho-Ryu.com** or email me @ **Kyoshi_debbie@yahoo.com** for further information.

Don't forget to pick up your copy of this month's issue of Black Belt magazine!

Soke will be leaving for Washington DC at the end of October to meet with our Representatives there. They will be further discussing the changes in MIKKA and the removal of those that are advocating false claims to Kosho-Ryu. Also on the agenda is preparation for the first World Kosho-Ryu Event 2010 to be held in the United States.

We are presently planning a James M. Mitose Memorial Tournament to be held in 2010. The planning for this event is still yet in its early stages. The Mitose family will be coordinating with Sensei Jason and Lillie Cortez utilizing their experience and expertise to produce a successful event!

We would like to Congratulate Sensei Jason for his Awesome win at the Super Grands where he totally smoked those in his division and went on to receive the top honor!

The Cortez Martial Art Academy has also received their School Certificate, certifying that they are an official Kosho-Ryu school representing MIKKA and have completed their requirements. Congratulations!

We are presently planning an Official Black Belt meeting for all Black Belts who are presently active in MIKKA. This means if you are presently teaching, training or advocating MIKKA in the United States then you should attend.

The Meeting for Our South America and Europe Representatives took place in Argentina at the Kosho-Ryu World Cup 2009 Event. This meeting was very productive and gave the Representatives a chance to voice their issues in the presence of Soke and Hanshi Mark.

This year Godan Ken Torres was the recipient for MIKKA School of the year award! He was rewarded by having to go to Argentina and Teach!! It was all expenses paid but he had to work!! All kidding aside, we would like to acknowledge Godan Ken Torres for his dedication and loyalty to MIKKA! For the giving of his time to his students, with no monetary gain, all proceeds go to his church and back to his students. We would also like to congratulate him on placing 1st in his division in Argentina with a near perfect score!!

If you have not renewed your MIKKA Membership then now is the time to do it. Instructors it your duty to encourage your students to become a member of the MIKKA Family, with their memberships they will be entitled to participate in instructional classes given by Soke or Hanshi Mark and designated representatives of MIKKA.

During your inspection it is important to note that ONLY MIKKA Members are eligible to participate during instruction.

We would like to take this time to offer our sincere condolences to the families of Sijo Adriano Emperado and Professor Charles Gaylord. Two very important men in the Kajukenbo Community, both men will be very sadly missed.

On a happier note we would like to Congratulate The Bowles Family, Yondan Tim Bowles and New Mom Mari Chris, Kudan Tony Bowles and new grandmother Linda on their new edition to the Family. A New Baby Girl!!!

Along the same lines we would like to congratulate the Future Grandparents Hanshi Mark and his wife Gabriella! They should be official Grandparents in May 2010!

The Following is a Short Story submitted by Nidan Brad Kimura:

Taiko, is a traditional Japanese percussive instrument, it has been a prevailing instrument throughout the course of Japanese history. It was a fundamental means of self-expression communicating with the Japanese spirit. The Taiko drum was used by priests or the high-ranking officials' of a clan to drive away evil spirits. In Buddhism, the sound of the drums represented the sound of Buddha. The sound of the drums was also thought of as a way to wake the gods. Farmers used the sound of Taiko to chase away pest investing fields nearby. In war times the Taiko drum was used to signal men into battle and frighten the enemy.

The Taiko spiritually inspired the feudal warrior during battle. In times of drought, the Taiko was an essential complement to prayers for rain; and in celebration of bountiful harvest. The "GAGAKU" imperial court also used this wonderful instrument in performances. Taiko has been a fundamental part of the Japanese. Even today, Taiko artist are greatly respected as well as admired for their discipline, talent, and dedication to their honorable art of Taiko.

Submitted by 2ND Degree Black Belt Honorable Kimura sensei Reference Palo alto Japanese Festival 1992

If you have something that you would like to share with The MIKKA Family email me @ **Kyoshi_debbie@yahoo.com**.

The Mitose family would like to Thank-You for your continued support of MIKKA!

If you should have any questions, issues or concerns please contact me @ **Kyoshi_debbie@yahoo.com**.

We wish you good health, a long life, prosperity, and god's blessings!