



**Mitose's International Kosho Ryu Kenpo Association**  
M.I.K.K.A.



**Kosho Ryu Kenpo Newsletter**  
2008

**October - 2008**

**2008 Seminars:**

In 2008 Soke Thomas Barro Mitose was invited to several countries and states to conduct seminars for Kosho-Ryu practitioners, other martial arts schools, and high ranking government civilian personnel. There, those who attended were provided with first hand experience on how Soke Mitose teaches his students in Antioch, Ca.

- Antioch, CA
- Argentina
- Boston, MA
- Chili
- Fairfield, CA
- Mexico
- Nashville, TN
- Portugal
- San Francisco, CA
- Spain

**Upcoming Tournaments:**

In September 2009 all Kosho-Ryu and Martial Artist practitioners are invited to compete in the World Kosho-Ryu Cup in Argentina.

**New Black Belt Promotions:**

- Jason Cortez Jr.
- Larry Acaya
- Alberto Medina

**Other News:**

- Please send all correspondence to the new Kosho-Ryu Association address:  
4572 Wildcat Circle  
Antioch, CA 94531  
Or if you prefer please contact us via e-mail at [kosho\\_ryu\\_kenpo@yahoo.com](mailto:kosho_ryu_kenpo@yahoo.com).

- In August 2008, Soke Thomas Barro Mitose, Hanshi Mark Mitose, Shichi-dan Tony Bowles, and San-dan Tim Bowles were inducted to the United States Martial Arts Hall of Fame in Nashville, TN.
- Congratulations to San-dan Tim Bowles and Ni-dan Marichris Bowles on the upcoming birth of their first child in January 2009.

## **December - 2008**

### **Congratulations:**

Congratulations to Ken Torres for his promotion to 5th dan. Since his promotion, Ken has taken on additional responsibilities and has done a great job promoting Kosho-Ryu. This could not have possible without the love and support from his wife, Marci, and their five children.

Congratulations to Ken Relf who has been officially appointed as the head representative of Mitoses' Kosho-Ryu in Canada. As a way to give back to his community, Ken has been giving free seminars in return for donations to help the less fortunate. For more details please visit <http://kenpoken.webs.com/>.

### **Birthdays:**

Marta Ambrosio of Oporto, Portugal, celebrated her Birthday on November 10th. She started teaching classes to children and adults and is enjoying the experience. Keep up the good work!

### **Holiday Reflections:**

As the Holiday Season is upon us, we find ourselves reflecting on the past year and on those who have helped to shape our lives in a most significant way. We value our friendship with you and look forward to our continued relationship with you in the year to come. We wish you a very happy Holiday Season and a New Year filled with peace, love, and prosperity.