



**Mitose's International Kosho Ryu Kenpo Association**  
**M.I.K.K.A.**



**Kosho Ryu Kenpo Newsletter**  
**2006**

**Newsletter Vol. 1 January - 2006**

We would like to wish all of you a wonderful and prosperous New Year!

This is MIKKA's first newsletter. We will be producing monthly letters to keep our MIKKA members informed of all issues and events past and forth coming. If you should have anything that you would like to share with the MIKKA members feel free to e-mail us: **Mitosekoshoryu@aol.com**.

We are pleased to announce the opening of our first Kosho-Ryu Kenpo school in Okinawa, Japan. This school is headed and operated by Yondan Timothy Bowles and his lovely wife Nidan Mari-Chris Bowles. This very accomplished couple will prove and produce only the best in the martial arts. Their achievements are great and many, both as individuals and as a team! The Mitose family sends their support and commends you highly for your latest achievement.

**Congratulations to Sensei Ken Torres!**

Sensei Ken Torres now has his own black belts:

- Vincent DeLeon
- Edward Galang
- Emile Galang

These students took their Black Belt tests in the 100 degree heat , they had to take two water breaks, only because Hanshi told them they needed to or they would pass out, and they continued with their test! Are these guys tough or what! Good Job guys!

Congratulations to Sensei Riann Dondoy!

- Sensei Riann has her first black belt student:

Adrian Oliveros Shodan 1st Degree

**Great Job!**

On December 26th , 2005 a meeting for Mikka Black Belts was held at Great Grandmasters home in Antioch. In attendance we were honored with the presence of the newly promoted Shichidan Tony Bowles and his lovely wife Linda.

Mitose Kosho-Ryu Kenpo Academy black belts in attendance:

- **Keith Samuels**
- **Terry Gwin**
- **Billy Tolentino**
- **Ken Torres**
- **Buster**
- **Nick Boccio**
- **Bernard Cortez**
- **Mark Mitose**
- **Liz Mitose**
- **Debbie Mitose**

Also in attendance were Helen Cortez and Keith Cordy.

At this meeting, Great Grandmaster promoted:

- Tony Bowles Shichidan 7 Degree
- Timothy Bowles Yondan 4 Degree
- Mari-Chris Bowles Nidan 2 Degree
- Ciani Palencia Nidan 2 Degree
- James R. McGinley Nidan 2 Degree
- Darryl James Nidan 2 Degree
- Bruce Kunick Shodan 1 Degree
- Armando Laguna Shodan 1 Degree

Our sincere Congratulations on your recent accomplishments! Upcoming MIKKA workshop for March 25th was discussed - inner MIKKA tournament. Issues related to the chain of command and Hanshi's goals for MIKKA were discussed. Great Job guys! Congratulations!

On January 21st, 2006 The Cortez Dojo of Mitose's Kosho-Ryu Karate Kenpo Academy had a belt rank advancement test and ceremony. Sensei Jason Cortez would like to include:

The following students were ranked up:

- Debbie Mendiola & Shaedon Ford -Yellow belts;
- Ernest Castillo, Navneet Rhosa, and Steven Ballerini - Orange Belt
- Aaron Smith - Orange 2nd belt
- Aysia Cortez - Purple belt
- Ronnier Barber - Purple 2nd belt
- Cindi Sylvester - Blue 2nd belt
- Eric Cortez - Brown belt

**Congratulations! Keep up the training!**

We would also like to acknowledge and thank the following Instructors / Black Belts for attending the Belt testing:

- Dave Rodriguez from Mitose's Kosho Ryu Karate Kenpo Academy
- Bernard Cortez from the Cortez Dojo of Mitose's Kosho- Ryu
- Tuhan Jordan Pallen from Pallen's Martial Arts in San Leandro, Ca., along with Black Belts Simu Lisa Calvo and Desmond.

Sensei Jason Cortez and his group were in New York for a Tournament. This event lasted one week and was quite spectacular. Sensei Cortez and his son Jason did quite well. Our Congratulations to them both and to his group!

Sensei Jason Cortez will also be hosting a tournament on June 24th 2006 . For information visit his website: [www.Cortezdojo.com](http://www.Cortezdojo.com)

### **Recap of December 2005 Seminar in Spain:**

(as told by Kyoshi Mark Mitose)

Our last seminar in Spain Dec. 10th and 11th went very well. Miguel Rivas put on a very well organized event. They had their yearly gala, it was spectacular! They served so many dishes of different kinds of food. There were about 100 participants in the seminar. Pedro from Portugal and his students also attended. I can't remember all the names but I will always remember their faces. This seminar I only suffered bruised kidneys but they healed up in 4 weeks. Compared to cracked ribs , bruised kidneys are a piece of cake. I hate being Hanshi's (my father's) dummy.

### **M.I.K.K.A. Workshop/ Tournament**

This event will take place on March 25th 2006

- It will consist of oral and written instruction on "The History of Kosho-Ryu Kenpo"
- The life of Professor James Mitose
- The goals of Hanshi Thomas Mitose for Kosho-Ryu
- The requirements for Black Belt testing and degrees
- Physical instruction in technique and kata

Inner school Tournament for Association members. This will be open to all ranks, MIKKA members only.

Demonstrations by schools representing M.I.K.K.A.

There will be three demonstration teams selected. To qualify, you must be a member of M.I.K.K.A. Demonstration teams will be determined by Kyoshi Mark Mitose and you should contact him if you would like to participate.

Please keep in mind that this is a M.I.K.K.A. Members event only. Instructors are encouraged to push M.I.K.K.A. membership with your students.

For further information please be sure that you leave your e-mail address and telephone numbers with Kyoshi Debbie: [mitosekoshoryu@aol.com](mailto:mitosekoshoryu@aol.com) or (925) 565-1184

This event will be held in Union City, California

**The Kennedy Community Center**

1333 Decoto Rd.

Union city, ca 94587

(510) 489-0360

This event will be held from 10am-7pm

Registration will begin at 9:00am

Registration forms for this event will be available on 2/15/06

**New M.I.K.K.A. Members 2005**

Min Lei	Mike Sanders	Beatriz Castro
Lani Mariano	Richard Collette	Eduardo Botello
Aaron Mariano	Bill Reed	Jose Cabello
Sydnei Mariano	Sydney Lincoln	Manuel Heredia
Matthew Mariano	Benjamin Sianez	Antonio Fresneda
Leila Mariano	Alexander Orr	Carlos Moleiru
John Flores	Stephanie Quibin	Alicia Jodar
Alan Kalaw	Derek Sonza	Manuel Gomez
Julian Sumait	Armando Nunez	Marcos Rivas
Ignacio Flores	Edward Galang	Juan Castillo
Zachary Kalan	Emil Galang	Krisztina Kiss
Michael Oliveros	Eileen Galang	Rene Amaro
Raymond Flores	Eugene Galang	Lizette Romero
Lauro Villanueva	Kenneth Torres	Oliver Robles
Gary Yu	Vincent DeLeon	Santiago Franco
Zeloric Tamayo	Kail Torres	Antonio Nietto
Kent Mok	Crisanto Masangcay	Juan Rodriguez
Lance Acquino	Sam Masangcay	Fernando Silva
Nelson Alonzo	Rian Dondoy	Miguel Dominguez
Tony Sylvester	Ninja Hui Hui	Ramon Puche
Cindi Sylvester	Brad Kimura	Diego Gomez
Conrad Sylvester	Gus Moreno	Andre Da Silva
Larry Acaya	Alexandria Buiza	Shaun Shields
Maurice Burke	Janice Leong	Chad Gray
Jason Cortez	Stephen Dong	Dewey Chong
Eric Cortez	Martin Becerra	Don Wong
Jason Cortez Jr.	Ali Castellanos	Ryan Ward
Enick Reyes	Brenda Lobato	Tyler Ward
Bruce Kunick	Mara Lobato	Aysia Cortez
		Justice Mark Andalis

Mitose's International Kosho-Ryu Kenpo Association would like to thank you for your support and to congratulate you on your decision to become a part of the Mikka Family.

To become a part of M.I.K.K.A. log on to [www.Kosho-ryu.com](http://www.Kosho-ryu.com) and click on membership.

Our MIKKA member of the month goes to: **Ciani Palencia**

You have been unanimously voted our member of the month for your undying dedication and loyal support of Kosho-Ryu!

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M.I.K.K.A.



**Mikka Newsletter "Summer 2006"**

Greetings to all Mitose's International Kosho-Ryu Kenpo Association family Members!!

This Year mark's the 25th Anniversary of the passing of our Beloved  
James M. Mitose.

For without him there would be no Kosho-Ryu.

In commemoration of this 25th Anniversary his Book  
"What is True Self-Defense"

Has been revised and manuscripted, This book will  
Be made available to you very soon.

**News and events in Kosho!!**

On June 24th The Manteca Meltdown Tournament, given by Jason and Lillie Cortez, was held. This Event was very well done, Organized and Successful. Our Congratulations to Jason and Lillie On a job well done!!

The Mitose family would also like to take this time to offer our condolences to The Cortez Family. Sempai Bernard Cortez for the Loss of his Mom and to his lovely wife Helen Cortez for the recent loss Of her Uncle Frankie. Our Love and sympathies go out to you and your families.

Our Congratulations to Ciani Palencia !! Ciani did not only graduate from one college with one degree She graduated from TWO colleges with TWO degrees !! Talk about a determined and hard worker !! That's Ciani!!

In Spain on November 25th A Tournament given by Our Kosho-Ryu Representative 'Miguel Rivas' will be held. This event will also include a Seminar given by Hanshi the following weekend December 2nd and 3rd. If you would like to attend please e-mail me at [MITOSEKOSHORYU@aol.com](mailto:MITOSEKOSHORYU@aol.com).

This event is very prestigious and Spectacular !! Make a vacation out of it. Come and see the great following and dedication of The Kosho-Ryu Practitioners in Spain.

We are in the process of planning our next Workshop there are rumors that we may be honored with Teachings from Yodan Timothy Bowles and his lovely wife Nidan Mari-Chris Bowles all the way From Okinawa, Japan. For those of you who participated in our first workshop, earlier this year, you Know that a great time was enjoyed by all. This workshop will prove to be the same. The details for this workshop will be available to you soon. The charge for this workshop is \$45.00. For more information you can e-mail me at **MITOSEKOSHORYU@aol.com**.

Our Congratulations to NIDAN Keith Samuel on his recent promotion!! Keith is an asset to Kosho-Ryu actively teaching for Hanshi and using his law enforcement skills as our arbitrator! Keeping everyone in Line!!

### *A Few Words From Hanshi*

With this being the 25th Anniversary of the passing of my father I would Like to take a few moments to address and clarify some very important issues that I am continuously asked about. Questions concerning The Authenticity of Certificates that certain individuals are claiming to have received from James Mitose.

#### **Of the Certificates that surfaced after 1981, signed by James Mitose, how many of them are authentic?**

Of those who have claimed to have Certificates claiming ranks given to them by James Mitose, in the art of Kosho-Ryu, there is only one man. His name is Dave Kovar from Sacramento, Ca.

#### **Have you seen any of these certificates? Yes.**

There are those who are falsely claiming to have received rank from my Father. At this time without mentioning them by name, I will say, there is no doubt that these documents have been forged. I have spent a lot of time and money having these certificates analyzed by experts.

#### **Do you know who forged these certificates? Yes.**

I do know who signed the certificates. I will not at this time discuss the Identity of this person.

At this time there are many who are claiming to have had intimate training Or Certification given by or signed by James M. Mitose. Not many can say this and of the majority that say they have, it is not true.

Right now there are many out there using the Mitose Kosho-Ryu Family Crest, Unauthorized. There are those using excerpts from Mitose's Books On their websites without permission. There are those selling Mitose's Books and material on "Ebay" without permission. There are so many using the Mitose Name to gain profit and Recognition without permission or authorization. I would just like to say, Take Pride in knowing that your lineage in The Art Of Kosho-Ryu can be traced back for over 200 years.

Copies of these forged documents will be made available for your perusal on the Kosho-Ryu website.

Thank-You to all of the M.I.K.K.A. Members for your support of the art.

Sincerely,

A handwritten signature in cursive script that reads "Hanshi Thomas Mitose". The signature is written in black ink and is positioned below the word "Sincerely,".

A Special Thanks to Our Special friend in Canada, Ken Relf.

Ken has been working very hard to reproduce grandfather's book "What is True Self-Defense" and has just recently completed it. A beautiful manuscript that will go to print. As soon as this book is ready it will be made available to you. If you would like to be placed on the waiting list please e-mail me at **MITOSEKOSHORYU@aol.com**.

For those M.I.K.K.A. members whose memberships have expired or are soon to expire or if you are not sure when your membership expires contact me at **MITOSEKOSHORYU@aol.com**.

Remember to keep in mind the MIKKA WORKSHOP coming soon!

This Workshop is for M.I.K.K.A. members only. Please check the status of your membership.

We are currently planning a M.I.K.K.A. Tournament scheduled for the latter part of the year !! So Train Hard !!

Our MIKKA Member for Recognition - Keith Samuel for his contribution to Kosho-Ryu.